



## PROFESSIONAL EXPERIENCE

### Children's Hospital Colorado, Aurora, CO

June 2014-May 2022

#### Clinical Dietitian III

- Provided medical nutrition therapy to medically complex pediatric and young adult patients in the Special Care and Ketogenic Diet clinics
- Developed individualized nutrition care plans using the Academy of Nutrition and Dietetics Nutrition Care Process
- Assessed patients for growth using specialty growth charts when appropriate, pediatric standards and adjusting for special needs
- Monitored labs for nutritional deficiencies and provided diet-compatible recommendations for supplementation when needed
- Ensured success for compliance of a very challenging diet by providing counseling, ongoing support to families, creative meal planning, diet adjustments, recipes, and resources
- Gained expertise using ketodietcalculator.org for meal planning and tube feeding development for patients on the ketogenic diet
- Managed inpatient ketogenic diet initiations as well as ketogenic diet patients who were admitted
- Served as preceptor for dietetic interns rotating through the Special Care Clinic/Ketogenic Diet Clinic and mentor for new hires
- Interacted with patients and team members of various cultural and ethnic backgrounds, using an interpreter to communicate when necessary
- Utilized an electronic medical record for all medical information documentation
- Developed and presented "Diet Therapies for Epilepsy at CHCO", a CPE lecture for all Clinical Nutrition Staff
- Co-presented "The Ketogenic Diet: Clinical & Medication-Related Considerations" along with Special Care Clinic Pharmacists, a lecture for Special Care Clinic providers
- Provided education regarding the Ketogenic Diet to medical residents as a part of the Food as Medicine elective

### Intercare Community Health Network, Pullman, MI

June 2013-May 2014

#### Maternal Infant Health Program (MIHP) Registered Dietitian

- Provided in-home nutrition education to pregnant and postpartum women, and to mothers of infants at risk of morbidity and mortality
- Weighed and measured infants to monitor growth and provided education including formula preparation, age-appropriate foods, and feeding management
- Counseled pregnant and postpartum women on healthful diet, including weight management, foods to avoid during pregnancy, and special concerns for hypertension and gestational diabetes

### ARAMARK at The HSC Pediatric Center, Washington, DC

November 2010-May 2013

#### Clinical Dietitian II

- Provided medical nutrition therapy to medically complex pediatric patients ranging from neonatal infants to adolescents, including patients with special needs
- Served as Interim Clinical Nutrition Manager during CNM maternity leave September 2012-January 2013
- Provided nutrition counseling to outpatient pediatric clients to meet goals including weight loss, weight gain with decreased tube feeding dependence, successful management of food allergies, etc
- Supplied extensive nutrition education to inpatient children and their caregivers during admission and at discharge, ensuring comprehension of therapeutic diets, modified-consistency diets, and sanitary formula/tube feeding preparation
- Participated in weekly multidisciplinary rounds on several inpatient units, including specialty gastrointestinal rounds
- Worked with a medical team that included physicians, nurse practitioners, pharmacists, therapists, and social workers
- Developed and executed weekly nutrition and physical activity lesson plans for Shapedown® clients
- Served as preceptor for Aramark dietetic interns and mentor for new hires within the nutrition department
- Created and delivered in-service presentations to kitchen staff, nursing staff, and peer Registered Dietitians
- Guest lecturer for University of Maryland and Howard University dietetic students on topics including pediatric nutrition and the electronic medical record
- Served as the nutrition liaison on the Butterfly Team - the palliative care committee at The HSC Pediatric Center
- Utilized automated programs for all medical information documentation

# Stephanie Criteser, RD, CSP



**University of Michigan Health System, Ann Arbor, MI**

**July 2010-September 2010**

Graduate Dietitian – C.S. Mott Children’s Hospital

- Provided coverage for several RD positions on a full-time basis including services such as pulmonary, endocrinology, and gastroenterology

## **EDUCATION**

**University of Michigan Health System, Ann Arbor, MI**

**September 2009-July 2010**

Dietetic Intern

**Michigan State University, East Lansing, MI**

**May 2009**

- B.S. in Dietetics, with Honors

## **PROFESSIONAL CERTIFICATIONS**

- Board Certified as a Specialist in Pediatric Nutrition by the Commission on Dietetic Registration

## **PRESENTATIONS**

- Invited speaker, “Diet Therapies for Epilepsy”, Southern Colorado Dietetic Association meeting, March of 2016
- Invited speaker, “Dietary Therapy for Lennox-Gastaut Syndrome”, LGS Foundation’s 4th International Conference on Lennox-Gastaut Syndrome, April 2016
- Invited speaker, “Diet Therapies for Epilepsy”, CSPEN Annual Nutrition Support Symposium, October 2019
- Invited speaker, “What Do I Do With This Kid: The Child Who Needs Hypocaloric Feeds”, ASPEN 2021 Nutrition Science & Practice Conference, March 2021