

Monica J. McChesney MS, RD, LD

EDUCATION

May 2013 Bachelor of Science in Human and Environmental Sciences – The University of Alabama

December 2014 Master's of Science in Nutrition – The University of Alabama

CLINICAL CERTIFICATIONS

July 2013 – present Registered Dietitian

September 2013 – present Licensed Dietitian

EMPLOYMENT

June 2013 – present Children's of Alabama

June 2013 – January 2014 Nutrition Traineeship at Children's of Alabama

PUBLICATIONS AND RESEARCH

October 2016 Relationship Between High-Fructose Corn Syrup, Uric Acid, and Metabolic Syndrome. Journal of Pediatric Surgical Nursing.

TEACHINGS AND PRESENTATIONS

July 2017 Pediatric Irritable Bowel Syndrome Education Day

February 2019 Cambrooke's Regional Ketogenic Professionals Education Event – Ketogenic Diet Summit

November 2019 Spinal Cord Riot with a High-Fat Diet – UAB Neuroscience Café

June 2021 Ketogenic Diet and Pediatric Epilepsy Podcast – UAB MedCast

SKILLS

Registered Dietitian

Inpatient Services:

Neurology/Ketogenic Diet Therapy, Neurosurgery, Rehabilitation and Psychology

Outpatient Services:

Neurology/Ketogenic Diet Therapy, Neurosurgery, Rehabilitation, Genetics, Infectious Disease, Gastroenterology, Allergy and Weight Management

Clinical Skills:

Assessment of pediatric patients' nutritional needs, development and implementation of nutrition care plans.

Provide nutrition education on a variety of medical diagnoses.

Provide hands on nutrition education and demonstration specifically for the ketogenic diet.

Assessment and management of enteral and parenteral nutrition.

PROFESSIONAL SERVICE

September 2018-March 2019 National Nutrition Month Committee – Children's of Alabama

September 2018 United Way Campaign Department Representative – Children's of Alabama

COMMUNITY SERVICE

July 2018 Positive Parenting Family Nutrition Class – Smithfield Library
November 2018 Epilepsy Foundation of Alabama – Walk to End Epilepsy
August 2016 Nutrition, It Can Save Your Life – Trussville Public Library

PROFESSIONAL ASSOCIATIONS

August 2011 – present Academy of Nutrition and Dietetics