



Ketogenic Metabolic Therapy Experts

Advanced Ketogenic Therapies is a team of expert registered dietitians trained in ketogenic metabolic therapy. We coach clients on a one-on-one basis to help reduce symptoms and improve quality of life by implementing and maintaining a therapeutic ketogenic diet.

Our Services

- ▶ **Jump-Start Assessment Call**
20-minute discovery interview to assess your dietary/teaching needs.
- ▶ **1-Hour Ketogenic Diet Consultation**
60 minute Q&A video consult to review your current keto therapy and provide optimization suggestions.
- ▶ **5-Call Enhancement Package**
Designed for adults already on keto therapy who need professional support and accountability.
- ▶ **10-Call Keto Starter/Rebuilder Program**
Designed for adults and children who are new to keto or need a keto diet overhaul.
- ▶ **12-Call Premium Concierge Package**
All benefits of the Keto Starter/Rebuilder package plus concierge service, night and weekend appointments, direct texting to dietitian, and premium meal planning.

- ▶ **Monthly Monitoring**
Includes monthly or quarterly check-in calls, laboratory monitoring, diet review and accountability.
- ▶ **Professional Mentoring Services**
With mentorship from our highly experienced team, you'll learn how to confidently implement Ketogenic Metabolic Therapy protocols into your practice.

AKT Keto Community

Our membership community provides guidance, support, and resources to help you manage your therapeutic ketogenic diet including:

- Group discussions
- Live Q&A
- New recipes
- Educational resources and more
- Email to join the waitlist:
info@advancedketogenictherapies.com

Scan for Pricing & Scheduling



Charlie Foundation
FOR KETOGENIC THERAPIES