

# Lindsay Krupp, RD

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## Work Experience

### *Clinical Dietitian*

#### *Children's Hospital of Colorado, July 2015-Present*

- › Ketogenic Dietitian (June 2022-present). Nutrition assessment, monitoring, and evaluation of epilepsy patients on the classical ketogenic and Modified Atkins diets. Co-manage a caseload of 140 patients including seeing patients in outpatient clinics, providing inpatient monitoring, and conducting both outpatient and inpatient diet educations.
- › Dietitian for a variety of other outpatient clinics including the Feeding and Swallowing Program, Dysphagia Management Clinic, Nutrition Clinic, and Special Care Clinic from 2015-2022.
- › Nutrition team liaison for the Swallowing Disorders Clinic from 2015-2022. Educated staff on nutrition concerns in swallowing disorders, managed educational resources, kept clinic procedures and competencies up to date, and communicated between multi-disciplinary departments involved in the clinic.
- › Provide patient and family centered nutrition plans and interventions.
- › Coordinate care and develops relationships with physicians, homecare companies, and other health care providers to provide ongoing nutrition services and access to nutrition supplements.
- › Member of the International Dysphagia Diet Standardization Initiative task-force from 2019-2022. Completed hospital-wide implementation of IDDSI including education, collaboration with multiple stakeholders, and policy changes.

### *Nutrition Manager and Registered Dietitian*

#### *Eating Recovery Center, November 2009-July 2015*

- › Job Duties
  - Performed nutrition assessment and evaluation of adult eating disorder inpatients and residents at Eating Recovery Center. Worked with eating disorders and other co-morbidities including Type 1 Diabetes, pregnancy, food allergies, Celiac's disease, gastroparesis, and bariatric surgery, among others.
  - Co-created and implemented a 4-part training for multi-disciplinary staff on treating eating disorders in conjunction with Type 1 Diabetes. Training focused on different treatment strategies including insulin management and carbohydrate counting. Training was created after 4 years of working with patients with Type 1 Diabetes and formalizing a protocol with nursing and medical staff for insulin management on an inpatient eating disorder unit.
  - Managed and supervised 4 Registered Dietitians and 1 dietary assistant; performed annual performance reviews; assisted in the interviewing process and made hiring decisions.
  - Collaborated and coordinated care with the multi-disciplinary team, including physicians, psychiatrists, nurses, therapists and case managers.
- › Presentations:
  - "The Treatment of Eating Disorders" at the SCAN conference in Chicago, March 2011.
  - "The Challenges of Dietary Restrictions in Eating Disorder Treatment: Allergy, Ethical and Religious Needs" at the Eating Recovery Center Conference in August 2012.
- › Publications:
  - Refeeding the Patient with Anorexia Nervosa: Perspectives of the Dietitian, Psychotherapist and Medical Physician. *Journal of Nutrition and Health*, 2015, Vol 3. No. 2, 29-34.

### *Clinical Dietitian*

#### *Health One Hospitals (Presbyterian/St. Luke's Hospital and Medical Center of Aurora)*

#### *August 2007- November 2009*

- › Responsible for daily nutrition screening, assessment, education and monitoring of inpatients admitted for bariatric surgery, GI surgery, Type 1 Diabetes complications, wound care, rehab and telemetry units. Managed all pediatric units during a 3-month maternity leave.

## **Education**

- › Dietetic Internship, Tri-County Health Department, Greenwood Village, CO. August 2006-July 2007
- › Didactic Program in Dietetics (equivalent of Bachelor's Degree), University Northern Colorado, Greeley, CO. May 2005-August 2006
- › B.A. Sports Management, University of Michigan, Ann Arbor, MI. Sept. 1998-Dec. 2001

## **Additional Skills**

- › Ability to multitask and perform several roles at once.
- › Proficient in EMR charting (EPIC) and Microsoft applications.