

## **Lauren Kronisch, MS, RDN, LD**

### **EDUCATION**

Rutgers, The State University of New Jersey, School of Health Related Professions

Master of Science in Clinical Nutrition, 2016-2021

Rutgers, The State University of New Jersey, School of Health Related Professions

Dietetic Internship Program, 2013-2014

Rutgers, The State University of New Jersey, School of Environmental and Biological Sciences

Didactic Program in Dietetics, 2008-2013

University of Michigan, College of Literature, Science & the Arts

Bachelor of Arts in History, 2001-2005

### **NUTRITION-RELATED EXPERIENCE**

Texas Children's Hospital, 2019-Present

Clinical Program Coordinator, Ketogenic Diet Program & Rett Center

Texas Children's Hospital, 2016-2019

Full-Time Clinical Dietitian, Ketogenic Diet Program and Food Allergy Program

Pediatrics Dietetics Practice Group, Academy of Nutrition & Dietetics, 2014-Present

Building Blocks Newsletter Content Reviewer and Writer

Sports Nutrition Social Media Blast Writer, 2019-2021

Pachelli World Fitness

JFK Medical Center, 2014-2016

Clinical Dietitian

Woodbridge Internal Medical Associates, 2015-2016

Nutrition Educator

Houston Food Bank, 2016-2019

Volunteer Nutrition Consultant and Social Media Ambassador

Medical Center Plainfield Health Connection, 2015-2016

Johnson and Johnson Grant Nutrition Consultant

NJ Supplemental Nutrition Assistance Program, 2012-2013

Volunteer Nutrition Educator

A.S.P.E.N. (American Society for Enteral and Parenteral Nutrition), 2015-2017  
Volunteer Nutritional Science Writer

Concerned Citizens of Ewing WIC Program, 2012  
Nutrition Intern

## **PUBLISHED RESEARCH**

Blackman, A; Stagers, M; Kronisch, L; *et al.* Quality of Life Improves Significantly After Real-World Oral Immunotherapy for Children with Peanut Allergy. *Annals of Allergy, Asthma, and Immunology*. August 2020; Volume 125(2), P196-201.E1.

Kronisch, L and Anagnostou A. Common Dietetic Questions in The Allergy Clinic: What Do Parents Want to Know? *Journal of Allergy & Clinical Immunology*. February 2018; Volume 141(2), AB78.

Noor, M; Anvari S; Olive, A and Kronisch, L. The Prevalence of IgE-Mediated Peanut Allergy in Patients Diagnosed with Eosinophilic Esophagitis. *Journal of Allergy & Clinical Immunology*. February 2019; Volume 143(2); AB139.

Pitts, K; Aldape, T; Tran, D; Anvari, S; Anagnostou, K; Kronisch L; Davis, C; Lyter-Reed, L. A Community Voice for Food Allergy Families: A Four-Year Successful Education Experience. *Journal of Allergy & Clinical Immunology*. February 2019; Volume 143(2): AB72.

## **CONFERENCE AND OTHER PRESENTATIONS**

Clark, A; Kronisch, L; et al. August 2022. *Potential Milk Protein Allergy Ketogenic Diet Case Study*. Cambrooke.

Kronisch, L. March 2022. *Successful Utilization of Whole Foods Blenderized Ketogenic Formula*. Functional Formularies.

Kronisch, L. September 2019. *Food Allergy Nutrition*. Texas Children's Hospital Food Allergy Symposium. Houston, TX.

Kronisch, L. August 2019. *Whole Foods Blenderized Ketogenic Diet Tube Feeding: A Case Study*. Southwest Texas Ketogenic Diet Journal Club. Nutricia, Houston, TX.

Kronisch, L. June 2019. *Nutrition & Spina Bifida*. Spina Bifida Family Day. Houston, TX.

Noor, M; Anvari, S; Olive, A; Kronisch, L; *et al.* The Prevalence of IgE-Mediated Peanut Allergy in Patients Diagnosed with Eosinophilic Esophagitis. Academy of Allergy, Asthma, and Immunology/World Allergy Organization, 2019 Annual Meeting. San Francisco, CA.

Sokol, K & Kronisch, L. February 2019. *Nutritional Concerns in Children with IgE-Mediated Food Allergies*. Academy of Allergy, Asthma and Immunology/World Allergy Organization 2019 Annual Meeting. San Francisco, CA.

Kronisch, L. November 2018. *Ketogenic Diet Treatment for Febrile Infection-Related Epilepsy Syndrome (FIRES)*. Texas Children's Hospital Journal Club. Houston, TX.

Kronisch, L & Ruscito, C. September 2018. *Top Eight Food Allergen Free Cooking Demo*. Texas Children's Hospital Food Allergy Symposium. Houston, TX.

Kronisch L. November 2017. *Diet Eliminations & Strategies for Success*. Eosinophilic Gastrointestinal Diseases Family Day. Texas Children's Hospital. Houston, TX.

Kronisch L. September 2017. *Food Allergy: Nutrition 101*. Fourth Annual Texas Children's Hospital Food Allergy Symposium. Texas Children's Hospital. Houston, TX.

## **CONFERENCE ABSTRACTS**

Kronisch, L. October 2021. *Food Insecurity and Academic Performance among Students Attending a Large Northeastern U.S. Health Sciences University*. Food and Nutrition Conference and Expo.

Diaz-Medina, G; Katyayan, A; Kronisch, L; *et al.* *Efficacy of Ketogenic Diet in a Dedicated Pediatric Neurocritical Care Unit- One Year Experience and Suggestions of a Standardized Approach with a Comprehensive Inpatient Ketogenic Diet Team*. American Epilepsy Society, December 2019

## **PROFESSIONAL MEMBERSHIPS/ORGANIZATIONS**

- Academy of Nutrition and Dietetics: Member, 2011- Present
- Texas Academy of Nutrition and Dietetics Member, 2017-Present
- New Jersey Dietetics Association: Member, 2011- 2016
- Pediatric Dietitians Practice Group Member, 2014- Present

- Houston Pediatric Nutrition Group Member, 2016- Present
- American Partnership for Eosinophilic Disorders, Health Sciences Advisory Council, 2019-Present
- International Network for Diet and Nutrition in Allergy Member, 2017-Present
- Diversity Dietetics Mentor, 2022-Present
- Hip Hop for Public Health Ambassador, 2014- 2016

#### **CERTIFICATIONS**

- City of Houston Foodservice Manager Certification as of 10/16

#### **HONORS**

- *Today's Dietitian* magazine's 2016 Spring Symposium Scholarship
- Pediatric Nutrition Group 2022 Professional Development Scholarship