

Erin K. Waranch, MS, RDN, LD

Education

Master of Science in Nutrition and Dietetics (Public Health emphasis) 2015
Saint Louis University | St. Louis, MO.

Bachelor of Science in Nutrition and Dietetics 2014
Missouri State University | Springfield, MO.

Certifications and Affiliations

Registered Dietitian/Licensed Dietitian 2015-Present
Basic Life Support CPR/AED Certification

Professional Experience

Texas Children's Hospital - Houston, TX. 2019-Present
Clinical Dietitian

- Outpatient dietitian specializing in ketogenic diet therapy, inborn errors of metabolism, weight management, and food allergies
- Complete full assessments using medical nutrition therapy, identify patients with malnutrition, complete full nutrition-focused physical exams and provide comprehensive, individualized nutrition interventions
- Educate patients on medically prescribed diets appropriate for their disease state such as PKU, GSD, urea cycle disorders, PDH, Glut-1 deficiency
- Nutrition Coordinating Council member: community & professional development
- Contributing author of Texas Children's Hospital *Pediatric Nutrition Guide (Pink Book)*, 13th Edition

Children's Mercy Hospital – Kansas City, MO. 2015-2019
Clinical Nutrition Specialist II

- Specialization in ketogenic diet therapy and cleft lip/palate nutrition
- Provide acute nutrition therapy to hospitalized patients
- Develop enteral and parenteral regimens to optimize nutrition during acute illness
- Coverage of pediatric nutrition clinic and occupational therapy feeding clinic

Evidence Based Practice Scholar 2016-2019

- Analyze literature to develop standards of care
- Contributing author on clinical practice guidelines for medical specialties

Publications

Journal of Aging Research and Clinical Practice

A Mini Nutritional Assessment of the Risk of Malnutrition in Elderly Under Three Nutrition Support Models, 2015

Evaluating Mid-Upper Arm Circumference Z-Score as a Determinant of Nutrition Status, 2017

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Awards and Affiliations

Houston Pediatric Nutrition Group (HPNG)	2019-present
<ul style="list-style-type: none">● Executive board member: HPNG President (2021-2022)	
Kansas City Dietetic Association	2016-2019
<ul style="list-style-type: none">● Executive board member: Nominating Committee Chair (2018)	
Recognized Young Dietitian of the Year (Kansas City)	2018
Allied Health Clinical Excellence Award for Rookie of the Year	2017
Academy of Nutrition and Dietetics Member	2015-Present

Presentations

Texas Ketogenic Diet Journal Club	2022
<ul style="list-style-type: none">● <i>Hypercalcemia in Children Using the Ketogenic Diet: A Multicenter Study</i>● Presented research findings by Hawkes et al	
Nutricia Keto University	2019
<ul style="list-style-type: none">● <i>Screening Clinic- How to Start the Ketogenic Diet</i>● Discussed the role of the Dietitian in a keto screening clinic	
American Cleft Palate-Craniofacial Association	2016-2019
<ul style="list-style-type: none">● Presenter at the 2019 American Cleft Palate-Craniofacial Association meeting● Poster presenter at 2017 American Cleft Palate-Craniofacial Association meeting● Research title: <i>Examining the Concordance Between MUAC z-score and BMI z-score in Patients With Cleft Lip and Palate</i>	