
Diana Lehner-Gulotta, RDN, CNSC

PROFESSIONAL EXPERIENCE

Ketogenic and Neurology Dietitian: University of Virginia (UVA) Health System (HS);
Charlottesville, VA; June 2017 – present

- Advise adult and pediatric patients on the intricacies of executing the classic ketogenic and modified Atkin's diets in inpatient and outpatient settings
- Conduct clinical research studies on the use of ketogenic diets in multiple sclerosis
- Provide general nutrition counseling to patients with various neurological disorders, including management of home tube feeds
- Collaborate with medical teams on the nutritional care of pediatric patients on the floor and in the Pediatric Intensive Care Unit (PICU) as part of pediatric inpatient coverage
- Mentor and teach 12 dietetic interns yearly
- Composed and distributed quarterly Ketogenic Diet newsletter to patients
- Served on the nutrition department's Employee Engagement Committee for 3 years, which organizes department social events and acts as a voice for UVA's dietitians
- Precepted several year-long graduate-level dietetic internship projects
- Triaged and managed nutrition care for pediatric patients on home nutrition support with Continuum Home Health Company

Clinical Dietitian: UVA HS; Charlottesville, VA; September 2016 – June 2017

- Provided medical nutrition therapy for inpatient adult and pediatric patients
- Counseled patients on following a heart-healthy diet at UVA Cardiac Rehab
- Triaged and managed nutrition care for pediatric patients on home nutrition support
- Mentored and taught 12 dietetic interns
- Initiated a quality improvement project to streamline pediatric nutrition discharge planning for pediatric patients receiving formula through Continuum Home Health

EDUCATION

University of Wisconsin-Madison	Madison, WI	Sep. 2012 – May 2015
Bachelor of Science in Dietetics		
Graduated <i>summa cum laude</i>		
UVA Health System	Charlottesville, VA	Sep. 2015 – July 2016
Dietetic Internship – 43-week program emphasizing nutrition support and pediatrics at a Level I Trauma Center		

LEADERSHIP

Professional Education Co-Chair: Virginia Academy of Nutrition and Dietetics (VAND), June 2020 – Present

- Ensure quality professional development opportunities are offered to members through conferences and stand-alone presentations
- Plan and implement a minimum of four educational webinars per year, including speaker recruitment, webinar moderation, program marketing, CPEU approval, and attendee feedback collection
- Respond in a timely manner to member inquiries about VAND educational programming

Nominating Committee Chair: Blue Ridge Academy of Nutrition and Dietetics (BRAND), June 2020 – May 2021

- Identify and recruit members to serve in elected positions on our Board of Directors
- Serve as a resource on organizational operations for the current Executive Board

President: BRAND, June 2019 – May 2020

- Organized and presided over quarterly Board of Directors meetings
- Served as a de facto voting member of the VAND board, including attending quarterly Board of Directors meetings
- Recruited and appointed all non-elected Board members
- Spearheaded an organizational rebranding effort including development of a new logo and website
- Trained the President-Elect in all Presidential duties

President-Elect: BRAND, June 2018 – May 2019

- Served as Program Chair for semi-annual educational conferences, including securement of speakers, food donations, vendors, and venue; event promotion; creation of speaker gift baskets; and attendee registration
- Learned all duties of BRAND President and other officers to fill in as needed
- Attended and helped run quarterly Board of Directors meetings
- Completed an extensive revision of organizational bylaws to adjust Board structure to better meet BRAND's needs
- Assisted with complete restructuring of budget

Ketogenic Diet Specialty Committee Member: Morrison Healthcare, October 2018 – September 2019

- Identified as a leading expert in ketogenic diets among Morrison Healthcare dietitians nationally
- Created and delivered a continuing education presentation about ketogenic diets for other nutrition professionals
- Provided guidance in creating patient education handouts on the ketogenic diet for Morrison dietitians

Secretary: BRAND Board of Directors, June 2017 – May 2018

- Managed membership and conference registration lists
- Attended quarterly Board of Directors meetings and recorded meeting minutes
- Fielded questions from both group and community members
- Disseminated information about job postings, nutrition-related events in the area, and educational opportunities to members

PUBLICATIONS

- Lehner-Gulotta D. An overview of and argument for the essentiality of carnitine. *Support Line*. June 2022;44(3):15-19.
- Contributor to: Morrison Healthcare's Nutrition Focused Physical Exam Supplemental Resource, published 2022 for use among healthcare providers, available by request.
- Brenton JN, Lehner-Gulotta D, Woolbright E, et al. Phase II study of ketogenic diets in relapsing multiple sclerosis: safety, tolerability, and potential clinical benefits. *J Neurol Neurosurg Psychiatry*. 2022.
- Lehner-Gulotta D, Florenzo B, Woolbright E, Coleman R, Bergqvist ACG, Brenton JN. Persistent dietary changes in relapsing multiple sclerosis patients following a supervised 6-month ketogenic diet intervention. Virtual poster presented at: The 7th Global Symposium on Medical Ketogenic Dietary Therapies; October 2021; Brighton, England.
- Lehner-Gulotta D, Brenton JN, Banwell B, et al. Application of a modified ketogenic diet in relapsing-remitting multiple sclerosis subjects. Poster presented at: Food & Nutrition Conference & Expo; October 2019; Philadelphia, PA.
- Brenton JN, Banwell B, Bergqvist ACG, et al. Pilot study of a ketogenic diet in relapsing-remitting MS. *Neurol Neuroimmunol Neuroinflamm*. 2019;6(4).
- Gulotta D, Strange S, Newton E. Vitamin and mineral compliance among University of Virginia Health System bariatric patients. Poster presented at: VAND Annual Meeting; April 2016; Fairfax, VA.

LECTURES

- Ketogenic Diet for Non-Epilepsy Disorders: Multiple Sclerosis. Webinar presented for Ajinomoto Cambrooke; May 17, 2022.
- The Truth about Ketogenic Diets for Weight Loss (and How They Differ from Medical Ketogenic Diets) – Extended Version. Webinar presented for Becky Dorner and Associates; December 9, 2020.
- Treating Intractable Epilepsy: A Dietary Approach. Lecture presented for: UVA HS neurology residents; annually; Charlottesville, VA.
- Treating Intractable Epilepsy: A Dietary Approach. Lecture presented for: UVA HS Dietetic Internship; annually; Charlottesville, VA.
- The Truth about Ketogenic Diets for Weight Loss (and How They Differ from Medical Ketogenic Diets). Webinar presented for VAND members; November 2019.
- Treating Epilepsy through Diet Therapy. Webinar presented for Morrison Management Specialists; February 13, 2019.
- What's a Doctor to Know about Nutrition? Lecture presented for: UVA HS School of Medicine; October 23, 2018; Charlottesville, VA.

AWARDS AND HONORS

The Going Above & Beyond Award: Awarded by UVAHS, July 2022

- Nominated by teammates and selected by UVA Nutrition Leadership for being a dietitian who is engaged, committed, highly motivated, and always willing to go above and beyond their job requirements for teammates and patients

Emerging Dietetic Leader of the Year: Awarded by VAND, May 2021

- Awarded to a dietitian with 5-10 years of consecutive experience as an RD who promotes optimal health and nutritional status of the public by demonstrating leadership in legislation, research, education, management, and other areas related to the profession

Professional Development Award: Awarded by VAND, March 2020

- To support the continuing education of a dietitian who demonstrates outstanding initiative and potential as a nutrition professional

CREDENTIALS

Registered Dietitian Nutritionist: Commission on Dietetic Registration, ID 86079894, July 2016

Certified Nutrition Support Clinician: National Board of Nutrition Support Certification, renewed May 2022