

**Denise Potter RDN, CSP, CDCES**  
**Owner, Advanced Ketogenic Therapies, LLC**  
**potterketo@gmail.com**

## **EDUCATION**

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**Dietetic Internship** 1989 to 1990, University of Arkansas for Medical Sciences, Little Rock, AR  
**BS** 1986 to 1989 Michigan State University, East Lansing, MI

## **CERTIFICATIONS**

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<b>Board Certified Specialist in Pediatric Nutrition, CSP</b>	<b>2013</b>
<b>Certified Diabetes Care and Education Specialist, CDCES</b>	<b>1997</b>
<b>Registered Dietitian Nutritionist, RDN</b>	<b>1990</b>

## **KETOGENIC METABOLIC THERAPY EXPERIENCE**

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<b>Owner</b> Advanced Ketogenic Therapies, LLC-formerly Potter Dietitian Consulting, LLC	2016 to Present
<b>Sr. Dietitian</b> Michigan Medicine/University of Michigan Health System	2007 to 2018

## **OTHER WORK EXPERIENCE**

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<b>Dietitian/Diabetes Educator</b> The Toledo Hospital/Flower Hospital	1999 to 2002
<b>Clinical Dietitian</b> Riverside Hospital	1996 to 1999
<b>Instructor</b> Monroe County Community College	1998 to 1999
<b>Dietitian/Diabetes Educator</b> The Toledo Hospital/Flower Hospital	1994 to 1996
<b>Clinical Dietitian</b> Southwest Hospital and Riverside Hospitals	1990 to 1994

## PUBLICATIONS

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*Nancy Clark's Sport's Nutrition Guidebook*. 24 Credit CPE Study, 2020, **Reviewer**.

*The Migraine Diet, A Ketogenic Meal Plan for Headache Relief*, Potter, DM, Rockbridge Press, 2019, **Author**.

*Ketogenic Diet Therapy for Epilepsy and Other Metabolic Based Conditions, 6 Credit CPE Study Program*. 2018. **Reviewer**.

*Practice Paper of The Academy of Nutrition and Dietetics, Classic and Modified Ketogenic Diets for Treatment of Epilepsy*. August 2017. **Reviewer**.

*Cognitive Outcomes in Febrile Infection-related Epilepsy Syndrome Treated with the Ketogenic Diet*. Singh RK, Joshi SM, Potter DM, Leber SM, Carlson MD, Shellhaas RA. *Pediatrics*. 2014 Nov;134(5):e1431-5. doi: 10.1542/peds.2013-3106.

## POSTERS

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*Introducing Ketogenic Diet Therapy to Romania*, Potter DM, 6<sup>th</sup> Global Symposium on Ketogenic Therapies for Neurological Disorders, October 2018.

*Advantages of Serum Ketone Monitoring vs Urine Testing in Ketogenic Diet Management*. Choi S, Potter DM, Maxbauer H, Barnes, A., 5<sup>th</sup> Global Symposium on Ketogenic Diet Therapies, September 2016.

*Blood Ketone Management allows for optimal individualization of the Ketogenic Diet: A Presentation of Two Cases*, Potter DM, Choi S, Maxbauer H, Barnes, A., 5<sup>th</sup> Global Symposium on Ketogenic Diet Therapies, September 2016.

## KETOGENIC PRESENTATIONS

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***Cancer and Ketogenic Metabolic Therapy: Research Updates and Practical Tips Webinar*** October 2022  
Functional Formularies Sponsored Webinar

***Telemedicine 101: Best Practices in Providing Patient Care*** April 2020  
Ajinomoto Cambrooke sponsored Webinar

***Initiating Ketogenic Diet Therapy via Telehealth in the Outpatient Setting*** April 2020  
Charlie Foundation Webinar

***Interactive Case Studies-Personalizing Ketogenic Diet Therapy*** January 2020  
Metabolic Health Summit 2020, Long Beach, CA

***The Ketogenic Diet: What it is and What it isn't*** October 2019  
Empowering Epilepsy Conference, Cleveland, OH

<b><i>Nutrient Supplementation: How to Meet Dietary Recommended Intake</i></b> Summit on Ketogenic Diet Therapies, Phoenix, AR	September 2019
<b><i>KetoDietCalculator Training</i></b> Keto University, Kansas City, MO	June 2019
<b><i>Super Foods on the Ketogenic Diet</i></b> Keto University, Nutricia, Kansas City, MO	June 2019
<b><i>Practical Dietary Procedures for Ketogenic Therapies</i></b> Hospital Infantil Universitario Nino' Jesus, Madrid, Spain	April 2019
<b><i>Dietary Therapies for Epilepsy</i></b> Wellness and Epilepsy Conference, Livonia, MI	November 2018
<b><i>Supplementing with Nutrients that May Benefit Ketogenic Diet Therapy</i></b> 6 <sup>th</sup> Global Symposium on Ketogenic Therapies for Neurological Disorders, Jeju, Korea	October 2018
<b><i>Legitimate Uses for the Ketogenic Diet: Who and How</i></b> Michigan Academy Fall Conference, Howell, MI	September 2018
<b><i>Ketogenic Diet for Cancer Webinar</i></b> Keto Hope Foundation	July 2018
<b><i>Ketogenic Diet Therapies</i></b> Infant and Pediatric Specialty Nutrition Conference, University of Michigan, Ann Arbor, MI	November 2017
<b><i>The Ketogenic Diet: Revisited, Revitalized, Renewed</i></b> SEMDA (Southeastern Michigan Dietetic Association) Meeting, Detroit, MI	October 2017
<b><i>Dietetic Intern Ketogenic Diet Training</i></b> University of Michigan, Ann Arbor, MI	October 2017
<b><i>Pharmacist Training on Ketogenic Diet Therapy</i></b> University of Michigan, Ann Arbor, MI	June 2017
<b><i>Defeating Epilepsy: One Stick of Butter at a Time</i></b> Ketogenic Diet Therapies Conference, Mercy Health Hauenstein Neurosciences, Grand Rapids, MI	April 2017
<b><i>The Ketogenic Diet: Revisited, Revitalized, Renewed</i></b> Developmental Disabilities Conference, Western Michigan University School of Medicine, Kalamazoo, MI	April 2017
<b><i>Medical Assistants Ketogenic Diet Training</i></b> Jackson MA Association, Jackson, MI	January 2016
<b><i>Nurse Practitioner and Resident Training for Ketogenic Diet</i></b> University of Michigan, Ann Arbor, MI	February and March 2015

**Nurse Education on Ketogenic Diet Therapy** June 2014  
University of Michigan, Ann Arbor, MI

***Ketone Testing in Managing the Ketogenic Diet Webinar*** December 2012  
Literature Review and Case Studies, Webinar, Nutricia

**CHARLIE FOUNDATION KETOGENIC DIET THERAPY SEMINARS**

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**Boys Town National Research Hospital** October 2019  
Omaha, Nebraska

**NYU Winthrop Hospital, Center for Cancer Care** May 2019  
Mineola, New York

**Mercy Health Hauenstein Neuroscience Hospital** February 2019  
Grand Rapids, Michigan

**Sparrow Hospital** January 2019  
Lansing, Michigan

**Bucharest Romania** June 2018 and October 2017

**Geisinger Health System** May 2018  
Danville, PA

**Helen DeVos Children's Hospital** October 2017  
Grand Rapids, Michigan

**Nutritional Healing Center** January 2017  
Ann Arbor Michigan

**CHARLIE FOUNDATION KETOGENIC DIET THERAPY WEBINARS**

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**BC Cancer** July 2021  
Victoria, BC, Canada

**Ohio Health** April 2021  
Columbus, Ohio

**Inspire Health** September 2020  
Vancouver Canada

**University of MN Masonic Children's Hospital** August 2020  
Minneapolis, MN

**OSF Healthcare** July 2020  
Peoria, IL

**St. Amant**  
Canada

June 2020

**SUNY Upstate Medical University**  
Syracuse, NY

June 2020

**Varied participants**

August, October, and November 2019

## **KETOGENIC THERAPEUTICS MASTERY ONLINE COURSES**

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### **Ketogenic Metabolic Therapy Online Training**

Foundational and Advanced Courses taught in conjunction with Beth Zupec-Kania.  
Launched November 2021, April 2022, and October 2022, asynchronous

## **PROFESSIONAL AFFILIATIONS**

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**Epilepsy Foundation of Michigan:** Clinical Ambassador

**Charlie Foundation for Ketogenic Therapies:** Consultant

**INKS (International Neurological Ketogenic Society):** Member, Finance Committee

**Keto Hope Foundation:** Board Member

## **AWARDS**

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**Metabolic Mind Award 2022**