

Denise Potter RDN, CDCES
Owner, Advanced Ketogenic Therapies, LLC
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EDUCATION

Dietetic Internship 1989 to 1990, University of Arkansas for Medical Sciences, Little Rock, AR
BS 1986 to 1989 Michigan State University, East Lansing, MI

CERTIFICATIONS

Certified Diabetes Care and Education Specialist, CDCES	1997-current
Registered Dietitian Nutritionist, RDN	1990-current
Board Certified Specialist in Pediatric Nutrition, CSP	2013-2023

KETOGENIC METABOLIC THERAPY EXPERIENCE

Owner Advanced Ketogenic Therapies, LLC-formerly Potter Dietitian Consulting, LLC	2016 to Present
Sr. Dietitian Michigan Medicine/University of Michigan Health System	2007 to 2018

OTHER WORK EXPERIENCE

Dietitian/Diabetes Educator The Toledo Hospital/Flower Hospital	1999 to 2002
Clinical Dietitian Riverside Hospital	1996 to 1999
Instructor Monroe County Community College	1998 to 1999
Dietitian/Diabetes Educator The Toledo Hospital/Flower Hospital	1994 to 1996
Clinical Dietitian Southwest Hospital and Riverside Hospitals	1990 to 1994

PUBLICATIONS

The Culinary Medicine Textbook. Independently Published, 2021. **Co-Author**.

Nancy Clark's Sport's Nutrition Guidebook. 24 Credit CPE Study, 2020, **Reviewer**.

The Migraine Diet, A Ketogenic Meal Plan for Headache Relief, Potter, DM, Rockbridge Press, 2019, **Author**.

Ketogenic Diet Therapy for Epilepsy and Other Metabolic Based Conditions, 6 Credit CPE Study Program. 2018. **Reviewer**.

Practice Paper of The Academy of Nutrition and Dietetics, Classic and Modified Ketogenic Diets for Treatment of Epilepsy. August 2017. **Reviewer**.

Cognitive Outcomes in Febrile Infection-related Epilepsy Syndrome Treated with the Ketogenic Diet. Singh RK, Joshi SM, Potter DM, Leber SM, Carlson MD, Shellhaas RA. *Pediatrics*. 2014 Nov;134(5):e1431-5. doi: 10.1542/peds.2013-3106.

POSTERS

Introducing Ketogenic Diet Therapy to Romania, Potter DM, 6th Global Symposium on Ketogenic Therapies for Neurological Disorders, October 2018.

Advantages of Serum Ketone Monitoring vs Urine Testing in Ketogenic Diet Management. Choi S, Potter DM, Maxbauer H, Barnes, A., 5th Global Symposium on Ketogenic Diet Therapies, September 2016.

Blood Ketone Management allows for optimal individualization of the Ketogenic Diet: A Presentation of Two Cases, Potter DM, Choi S, Maxbauer H, Barnes, A., 5th Global Symposium on Ketogenic Diet Therapies, September 2016.

KETOGENIC PRESENTATIONS

Cancer and Ketogenic Metabolic Therapy: Research Updates and Practical Tips Webinar October 2022
Functional Formularies Sponsored Webinar

Telemedicine 101: Best Practices in Providing Patient Care April 2020
Ajinomoto Cambrooke sponsored Webinar

Initiating Ketogenic Diet Therapy via Telehealth in the Outpatient Setting April 2020
Charlie Foundation Webinar

Interactive Case Studies-Personalizing Ketogenic Diet Therapy January 2020
Metabolic Health Summit 2020, Long Beach, CA

<i>The Ketogenic Diet: What it is and What it isn't</i> Empowering Epilepsy Conference, Cleveland, OH	October 2019
<i>Nutrient Supplementation: How to Meet Dietary Recommended Intake</i> Summit on Ketogenic Diet Therapies, Phoenix, AR	September 2019
<i>KetoDietCalculator Training</i> Keto University, Kansas City, MO	June 2019
<i>Super Foods on the Ketogenic Diet</i> Keto University, Nutricia, Kansas City, MO	June 2019
<i>Practical Dietary Procedures for Ketogenic Therapies</i> Hospital Infantil Universitario Nino' Jesus, Madrid, Spain	April 2019
<i>Dietary Therapies for Epilepsy</i> Wellness and Epilepsy Conference, Livonia, MI	November 2018
<i>Supplementing with Nutrients that May Benefit Ketogenic Diet Therapy</i> 6 th Global Symposium on Ketogenic Therapies for Neurological Disorders, Jeju, Korea	October 2018
<i>Legitimate Uses for the Ketogenic Diet: Who and How</i> Michigan Academy Fall Conference, Howell, MI	September 2018
<i>Ketogenic Diet for Cancer Webinar</i> Keto Hope Foundation	July 2018
<i>Ketogenic Diet Therapies</i> Infant and Pediatric Specialty Nutrition Conference, University of Michigan, Ann Arbor, MI	November 2017
<i>The Ketogenic Diet: Revisited, Revitalized, Renewed</i> SEMDA (Southeastern Michigan Dietetic Association) Meeting, Detroit, MI	October 2017
<i>Dietetic Intern Ketogenic Diet Training</i> University of Michigan, Ann Arbor, MI	October 2017
<i>Pharmacist Training on Ketogenic Diet Therapy</i> University of Michigan, Ann Arbor, MI	June 2017
<i>Defeating Epilepsy: One Stick of Butter at a Time</i> Ketogenic Diet Therapies Conference, Mercy Health Hauenstein Neurosciences, Grand Rapids, MI	April 2017
<i>The Ketogenic Diet: Revisited, Revitalized, Renewed</i> Developmental Disabilities Conference, Western Michigan University School of Medicine, Kalamazoo, MI	April 2017
<i>Medical Assistants Ketogenic Diet Training</i> Jackson MA Association, Jackson, MI	January 2016

Nurse Practitioner and Resident Training for Ketogenic Diet February and March 2015
University of Michigan, Ann Arbor, MI

Nurse Education on Ketogenic Diet Therapy June 2014
University of Michigan, Ann Arbor, MI

Ketone Testing in Managing the Ketogenic Diet Webinar December 2012
Literature Review and Case Studies, Webinar, Nutricia

CHARLIE FOUNDATION KETOGENIC DIET THERAPY SEMINARS

Boys Town National Research Hospital October 2019
Omaha, Nebraska

NYU Winthrop Hospital, Center for Cancer Care May 2019
Mineola, New York

Mercy Health Hauenstein Neuroscience Hospital February 2019
Grand Rapids, Michigan

Sparrow Hospital January 2019
Lansing, Michigan

Bucharest Romania June 2018 and October 2017

Geisinger Health System May 2018
Danville, PA

Helen DeVos Children's Hospital October 2017
Grand Rapids, Michigan

Nutritional Healing Center January 2017
Ann Arbor Michigan

CHARLIE FOUNDATION KETOGENIC DIET THERAPY WEBINARS

BC Cancer July 2021
Victoria, BC, Canada

Ohio Health April 2021
Columbus, Ohio

Inspire Health September 2020
Vancouver Canada

University of MN Masonic Children's Hospital August 2020
Minneapolis, MN

OSF Healthcare Peoria, IL	July 2020
St. Amant Canada	June 2020
SUNY Upstate Medical University Syracuse, NY	June 2020
Varied participants	August, October, and November 2019

KETOGENIC THERAPEUTICS MASTERY ONLINE COURSES

Ketogenic Metabolic Therapy Online Training

Foundational and Advanced Courses taught in conjunction with Beth Zupec-Kania.
Launched November 2021, April 2022, and October 2022, asynchronous

PROFESSIONAL AFFILIATIONS

Epilepsy Foundation of Michigan: Clinical Ambassador
Charlie Foundation for Ketogenic Therapies: Consultant
INKS (International Neurological Ketogenic Society): Member, Finance Committee
Keto Hope Foundation: Board Member

AWARDS

Metabolic Mind Award 2022